



Amid the southern charm of a small town just north of Columbia, South Carolina, a young star was born; Sofia Lynch was born with a God-given gift and a destiny. The daughter of two manufacturing engineers, and the middle child (between sisters, Madison and Julianna), Sofia grew up in a household where music fostered a common bond as a mutually fluent language.

With the sounds of Nirvana, Pearl Jam, and The Cranberries echoing the walls during her childhood, the young sensitive soul, proficient on both guitar and piano, envisioned pop stardom.

In 2020, amidst a world on pause, Sofia graduated from Blythewood High School. Unfazed by the world's uncertainties and unpredictable times, she followed her passion and musical aspirations to attend Middle Tennessee State University where she studied Commercial Songwriting and minored in Music with a focus on Classical Music Studies. The ambitious and committed student graduated in 2023.

Sofia's artistry is a reflection of her trusting, introspective yet fun-loving nature and her propensity to uplift others. Those closest to her describe her as a beacon of generosity, a wellspring of curiosity and a magical concoction of kind-hearted creativity.

The young songwriter's musical inspiration blossoms from the world around her—from intimate interactions with strangers to the grand tapestry of nature. Her music has become her lifeline— a philosophical compass to guide her through the peaks and valleys and encapsulates the reflective nuances of her character and the spirit to walk in her own path.

Chasing her dream has met with sacrifices and hurdles along the way—leaving behind the familial warmth of home, foregoing teenage revelries for songwriting and recording sessions, and balancing mental health on the tightrope of ambition. Unrivaled gratification comes from performing her original songs on stage before audiences that embrace her words.

Admiring the tenacity of Taylor Swift, the innovation of Billie Eilish, and the lyrical depth of Lorde and other “sad girls” Phoebe Bridgers and Maisie Peters, Sofia aspires to bend the rules of genre. Her musical tastes, as varied as her talents, range from the defiant anthems of Chappell Roan's “Midwest Princess” to the reflective depths of Simon and Garfunkel's "Bridge Over Troubled Water." The songs she pens beam with unique emotional expression and narrate chapters of her life that unfold in harmony.

Since the launch of her career, Sofia has worked alongside Grammy-winning producers (Thomas Scott Hoffman and Femke Weidema-Reynolds) and inked a sync license deal with Cream Collective. Sofia made her formal professional introduction at the age of 14 with her first EP, titled **IN MY MIND**. Her album, **LATELY**, released in 2020, amassed more than 50,000 streams, with the title track, “Lately,” enjoying more than a million TikTok views.

A courageous “no stopping me” singer-songwriter, storyteller, dreamer and soulful wanderer, Sofia Lynch is one of the most introspective artists of her generation; with powerful pop vocals, unique melancholy lyrical depth and the heart to deliver her most vulnerable feelings, Sofia Lynch is a voice to be heard.